

REPORT

इत्युद्ये in india एखुडुए program

एब्रुएरु २ – एब्रुएरु ११, २०१६

Patrons

- Shri D.J. Pandian, (Retired IAS) Director General and Chairman, Standing committee, PDPU
- Prof. N.R. Dave , Educational Advisor, PDPU
- Shri Palak Sheth ,Director Planning and Development, PDPU
- Prof.(Dr.) Nigam Dave, Director SLS & Chairman, Study in India Exposure Program, PDPU

Program Chair (s)

- Dr. Eyal Gringart, Coordinator, International Psychology Programmes, ECU
- Dr. Ritu Sharma, Head of Department, Psychology, SLS,PDPU

Advisory Committee

- Dr. P.J. Lavakare, Senior Advisor in India, Institute of International Education (IIE, U.S.).

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- Dr. Neeta Sinha, Assistant Professor, SLS, PDPU
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- Mr. Vipul Parekh ,Estate Executive,Administration and Facility Manager
- Mr. Maulik Shah ,Assistant Manager, Planning and Development

SLS Psychology Student Coordinators

- Student Program Coordinator: Ms. Sanaya M. Patel
- Student Program Co-coordinator: Mr. Rishiraj Dehergawen & Mr. Arjun Hurra
- Magazine & Media: Ms. Jasmine Pereira. , Ms. Prachi Chavda
- Buddy Activities: Ms. Shivani Shah, Ms. Gurmeher Juneja
- Academic Sessions: Ms. Snehi Bhavsar , Ms.Ruchi Arora, Ms.Revati Bhagchandani, Ms. Aayushi Bagga, Ms. Pranali Thakkar, Ms. Shama Kellog, Ms. Suchita Agarwal, Ms. Yatna Jain, Ms.Aishwariya Joshi, Ms. Anokhi Gandhi, Ms. Yashasvi Shah, Ms. Dikhsha R, Ms.Mansi Thakkar.
- Transportation: Mr. Arjun Hurra, Ms. Vinika Rawat
- Hospitality: Mr.Rishiraj Dehergawen, Ms. Aayushi Dalal, Ms. Zeal Parekh
- Inaugural Ceremony: Mr. Pratik Thakkar, Ms. Shaily Sanghvi
- Valedictory Ceremony :Ms. Jasmine Pereira, Ms. Himani Sheth
- Photography: Mr.Arjun Hurra and Ms. Saanya Sinha
- Volunteers:
Ms.Simran Bhatia, Mr.Rahil Kantharia, Ms.Himja Trivedi, Ms.Shivangi Joshi, Ms.Hrutvija Trivedi, Ms.Riddhima Bhatnagar, Ms.Rishita Chaudhary, Ms.Aparna Patel, Ms.Gargi Doultani, Ms. Alauki Parikh, Ms.Meenoni Daga, Ms. Shimoli Pandya, Ms.Aayeshah Jariwala; Ms.Sharon Kutty; Ms.Khushboo Patel; Ms.Sheel; Ms.Anushka Tharad; Ms.Nidhi; Ms.Aarushi Gupta.

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BRIEF DETAILS ABOUT THE STUDY TOUR TO INDIA WITH PDPU

School of Liberal Studies, Pandit Deendayal Petroleum University organized its first Study in India Exposure Program for 12 students majoring in Psychology and 2 faculty members from Edith Cowan University (ECU). ECU delegation had spend two weeks (February 2 to 11, 2016) participating in a structured academic program and relevant cultural activities at PDPU, Gujarat, India. This Study in India Exposure Program offered ECU Psychology students the opportunity to be immerses in Indian culture and see the way the culture has influenced the discipline of psychology in India. A focus of the tour was to compare the delivery of psychological services in India and Australia. This was the first study tour of ECU Psychology delegation to India. The study tour provided students with a programme of cultural exchange and study opportunities that is unattainable during the normal course of their undergraduate study in psychology in Perth. The understanding gained about the Indian culture, Indian people, Indian Psychology and how psychology is applied in the Indian context proved to be invaluable to ECU students majoring in Psychology. Students also had the opportunity of interacting with PDPU students and in particular the student buddies. Rich Indian Culture was woven through out their stay. A buddy system was provided to enhance peer learning. A cultural exposure weekend was planned with an aim to cover a few world heritage sites. Insights about Psychology and its relevant Indian Perspective in the areas of Psychology like Clinical Psychology, Industrial Psychology, Child Psychology, Forensic Psychology and Criminology as components of Academic deliverables was covered through distinguish Expert lectures and Academic field trips. Games, sports and various social and cultural exchange interactions were facilitated for enhancing understanding of Indian Systems and interpersonal dynamics.

INAUGURAL PROGRAM	
2 nd February,2016 TUESDAY	
(10.00am-11.00am)	
TIME	EVENT
10.00am-10.05am	Arrival of Guests
10.05am-10.10am	Arrival at the Auditorium
10.10am - 10.20am	Welcome of Guests
10.20am-10.25am	Welcome Address by Dr. Nigam Dave, Director& Dean, School of Liberal Studies, Chairman, Study in India Program, Pandit Deendayal Petroleum University
10.25am-10.35am	Address by D J Pandian, Director General, Pandit Deendayal Petroleum University
10.35am-10.45am	Address by Dr. Eyal Gringert, Coordinator, International Psychology Programmes, Tour Leader, Edith Cowan University (ECU)
10.45am-10.50am	ECU- SIP Program Details by Dr, Ritu Sharma, Head of Department (Psychology), School of Liberal Studies, ECU-SIP Program Chair, Pandit Deendayal Petroleum University
10.50am-10.55am	Vote of thanks by Student Co-Coordinator Rishiraj D.

Distinguished Guest lecture:

Psychology in Indian Scenario by Prof. (Dr.) S.L.Vaya, Director, R &D, Raksha Shakti University.

Insights on Psychology: The Indian Scenario

Prof. Dr. S.L.Vaya is a qualified and RCI recognized professional Clinical Psychologist by training, pioneer of Forensic Psychology in India by application and innovation and by experience, a Forensic expert. She began the session with emphasis on The Traditional Indian Psychology. Thousands of years old Indian scriptures dealt with the analysis of states of consciousness and contents of mental activities. The important feature was mostly experiential and a culmination of centuries-old tradition of self-verification. Ancient Indian scriptures had no rigid distinction among religion, philosophy, and psychology, only consideration of which, helped in the pursuit of self-realization and liberation from the miseries of life. “In this world-view, the source of all suffering was presumed to be within and the emphasis was on exploring the world within to alleviate the suffering. The goal was to seek enduring harmony of spirit, mind and body for everlasting happiness. The yoga system evolved very sophisticated mind-control techniques in their pursuit. This broad field of Traditional Indian Psychology with rich traditions and indigenous systems existed for thousands of years” added Prof. Vaya.

Further, Dr. Vaya highlighted the great influence of western scholarly traditions on the India psychologists in the first half of the century. Most of the Indian psychologists were trained abroad and they followed the western theories of psychology. As a result, traditional Indian psychology had little bearing during the British rule.

Indian concepts and theories are grounded in different notions of human nature, epistemology, values and world-view, than the western ones. The point is that we need both the paradigms to cover the whole range of human possibilities. Whereas the methodology of western psychology focuses on the study of the “other” person. Indian psychology (as other eastern psychologies) focuses on the study of “own-self”. We need both first person and third person approach to research to bring about desired changes in human societies added Dr. Vaya.

Dr. S.L. Vaya, concluded the session by suggesting that Psychology in India has remained dissociated from its own vast storehouse of knowledge inherent in the Indian philosophical texts. The scriptures and texts provide immense possibilities of developing psychological theories of self and human development. At the turn of the Millennium, psychology in India is returning to its roots and a new beginning seems to be in originating. Looking back, one gets an impression that psychology in India has come a long way to find its roots in its own native wisdom, though it still has to cover much ground to become a science of Indian origin.

DAY 2- FEBRUARY 3, 2016 (WEDNESDAY)

TIME	NAME OF THE MODULE	DESCRIPTION	VENUE
8.30am	Arrival at PDPU Campus and Breakfast		Cafeteria, PDPU
9.00am-10.00am	Orientation about the Excursion Visits	Detailed session highlighting the history of all the heritage sites to be visited	DLH 9,PDPU
10.00 am-11.30pm	Distinguished Guest lecture: Issues of Rehabilitation and De-addiction in Indian Scenario by Dr.Rajendra Anand, C.E.O., Medical Superintendent at Kanoria Hospital and Research Centre.	Insights on Rehabilitation and De-addiction in Indian Context	DLH 9,PDPU
11.30pm – 1.30pm	Indian Food Festival by PDPU Students and <i>Lunch Break</i>	Exposure to Indian Cuisine Cooking	Cafeteria, PDPU
1.30pm- 2.30pm	Distinguished Guest lecture: Bhagwad Gita (Indian Epic) and Psychology by Prof. (Dr.) Nigam Dave, Director, School of Liberal Studies, Pandit Deendayal Petroleum University.	Insights on relevance of Psychology and Bhagwad Gita (Indian Epic)	DLH 9,PDPU
2.30pm-3.30pm	Distinguished Guest lecture: Brain in Fingerprints by Mr. Alope Hurra and Mr. Sanjeev Agarwal, Co-owners, Academy of Multiple Intelligence.	Insights on Human Behavior from Indian Perspective.	DLH 9,PDPU
3.30pm	Departure for Gandhi Ashram		D Block, PDPU
4.30pm – 6.30pm	Visit to Gandhi Ashram, Ahmedabad		Ahmedabad
6.30pm	Departure of delegation to hotel		Ahmedabad

Distinguished Guest lecture:

Issues of Rehabilitation and De-addiction in Indian Scenario by Dr.Rajendra Anand, C.E.O., Medical Superintendent at Kanoria Hospital and Research Centre

Dr. Rajendra Anand is a Gandhinagar based consultant psychiatrist and de-addiction specialist since 1992. He is the CEO and Medical Superintendent of Kanoria Hospital. His practice involves diagnosis and treatment of all psychiatric disorders like depression, bipolar mood disorder, generalized anxiety disorder, addiction, etcetera. His lecture mainly focused on issues of de-addiction in India. He mentioned statistics on how many percent of the population is addicted and the likewise. The lecture also focused on discussing about drugs, their side effects, withdrawal symptoms, etc. Dr. Rajendra Anand has been into research for the past 15 years, which was quite clear in the way he conducted his lecture. He also shared some experiences with his patients.

Bhagwad Gita (Indian Epic) and Psychology by Prof. (Dr.) Nigam Dave, Director, School of Liberal Studies, Pandit Deendayal Petroleum University.

The session initiated by taking into consideration the classics and its relation with cultural belief. Comparing the tales of Oedipus and Yayati and an insight of Indian culture was presented. Prof. Nigam Dave compared Bhagwad Gita to the contemporary world and its implication in various circumstances. He rightly mentioned that 'all the solutions are mentioned in this epic', thus the importance of Bhagwad Gita was explained. He continued with a brief introduction of Mahabharata, providing a worded setup of the animosity between two groups of brothers Pandavas and Kauravas which led them to the Kurukshetra. He explained the significance of Bhagwad Gita in unfolding solutions to the indecisiveness, confusion and doubts of Arjuna.

“Interdependent self leads to observance off norms and social values than individual goals”. When an individual is detached from his own culture and society more actions are oriented. Hamlet was compared to Arjuna’s character as in both the characters represented confusion in their actions. He related gestalt theory and sadism with Bhagwad Gita. The session provided valuable insight to the relation between psychology and Bhagwad gita.

Brain in Fingerprints by Mr. Alope Hurra and Mr. Sanjeev Agarwal, Co-owners, Academy of Multiple Intelligence.

The topics covered in the session were Indian history and facts about Fingerprints, dermatoglyphics, psychiatry of brain and fingerprints, relevance emerging from neuroscience, important studies based on dermatoglyphics, dermatoglyphics and brain lobes, and fingerprint types and characteristics.

Indian history and facts about fingerprints included how Samudrika Shastram helped in decoding the character traits based on visual analysis of the fingerprints (2000 BC) and how *Charak Samhita* considered as the Father of Ayurveda contributed towards this concept through his various writings and understanding. The fingerprints identification was started from as soon as 2000 BC.

Dermatoglyphics was brought in Scotland Yard by Francis Galton (1822-1911). It is derived from ancient Greek where derma means skin whereas glyph refers to carving and it is a scientific study of fingerprints, lines, mounts, and shapes of hands. Basis for this was also determined from various psychiatry journals and periodic.

The relevance emerging from neuroscience included how works of Roger Wolcott Sperry, Dr. Rita Levi Montalcini and Dr. Stanely Cohen related to neuroscience contributed towards the emergence of fingerprints and its characteristics. Also, how the polygenic traits and study conducted by S.B Holt contributed to this was mentioned.

Dermatoglyphics and brain lobes included how basically brain is connected to fingers. Right side of the brain reflects honesty, administrative skills, integrity etc. and left side of the brain reflects empathy, interpersonal skills, leadership skills etc. Each finger is connected to the different lobes of brain, for example, ring finger is connected to the temporal lobe, middle finger is connected to the parietal lobe etc.

Fingerprint types and characteristics included different patterns of fingerprints such as whorls, loops, archs etc. and how this patterns describe different characteristics of the humans. At the end of the session a little part of DMIT(Dermatoglyphics multiple intelligence test)was demonstrated in order to make audience understand that how the different patterns of fingerprints reflects different thought processes and different actions among different human beings.

DAY 3- FEBRUARY 4, 2016 (THURSDAY)

TIME	NAME OF THE MODULE	DESCRIPTION	VENUE
8.30am	Arrival at PDPU Campus and <i>Breakfast</i>		Cafeteria, PDPU
9.00am-10.30am	Distinguished Guest lecture: Impact of International Instruments on Indian Laws by Dr. Smt. Jyotsna Yagnik, Director, United World School of Law, Former Principal Judge, City Civil and Sessions Court, Ahmedabad.	Psychological Insights on Indian Laws	DLH 9,PDPU
11.00 am-1.00pm	Distinguished Guest lecture: Forensic Psychology in India by Prof. (Dr.)C.R. Mukundan, Director, Gandhinagar Forensic Science University and a visit to Gandhinagar Forensic Science University.	Insights on Forensic Psychology from Indian Perspective	Gandhinagar Forensic Science University
1.00pm-2.00pm	<i>Lunch Break</i>		Cafeteria, PDPU
2.00pm– 5.00pm	Academic Visit to the SEWA, Ahmedabad.	Insight on Social work and NGO functioning in Indian Context	Ahmedabad
7.30pm – 10.00pm	Dinner at Olio, Ahmedabad	North Indian Vegetarian Delicacies served with a twist.	Ahmedabad
10.00pm	Departure of delegation to hotel		Ahmedabad

Distinguished Guest lecture:

Impact of International Instruments on Indian Laws by Dr. Smt. Jyotsna Yagnik, Director, United World School of Law, Former Principal Judge, City Civil and Sessions Court, Ahmedabad.

Dr. Smt. Jyotsna Yagnik started the session with story of an Indian lady Apala. With her at centre of discussion, she guided the interns about Women Rights , British colony and post era sessions ,Magna carta, Pre British era freedom women enjoyed, Slaves of Britishers , Protection from sexual abuses law for children, rights of working women ,rights of getting speedy justice system in India. She further discussed that Indian constitution has adopted policies from UDHR. UDHR 1948-India adapted it Universal Declaration of Human rights has Tremendous effect-constitution of India. Concept of justice, fraternity, dignity .She briefed all regarding Concept of fundamental duties, Statutory Rights, SEDO, Judicial activism of Supreme Court Law of the Land, Protection of women against sexual abuses/harassment, Protecting rights of working women.

Further topics discussed related to Equal remuneration convention-international convention signed by India which says there will be equal pay for equal work without any discrimination, Basic human dignity coined by supreme court n added in the legal process, Basic human dignity ,1959 declaration of child rights.

Forensic Psychology in India by Prof. (Dr.)C.R. Mukundan, Director, Gandhinagar Forensic Science University and a visit to Gandhinagar Forensic Science University.

Professor CR Mukundan discussed to us about different lie detecting techniques and instruments used in India in forensic setup such narcotics, polygraphy, etc. How they are used, it's pros and cons and its validity in legal setup were detailed.

BEOS Profiling Technique which is Brain Electrical Oscillations Signature Profiling. It is a technology that uses brain electrical activation for recording the neurocognitive process of remembering. The technology is now used for eliciting remembrance of experiential knowledge in forensic application. BEOS Profiling Technique is made by professor himself and which has been internationally patented, was explained to all of us. The theory behind the technique was explained, the mechanism of the technique and how it is worked on and practiced was told and the uses of the techniques were discussed. Visit to the labs and demonstration of the instruments and their working added to understanding of application aspects.

DAY 4- FEBRUARY 5, 2016 (FRIDAY)

TIME	NAME OF THE MODULE	DESCRIPTION	VENUE
8.30am	Arrival at the PDPU Campus and Breakfast		Cafeteria, PDPU
9.00am-10.00am	Research Initiative by Psychology Students at SLS	Presentation and discussion on Research Interest areas of SLS and ECU Psychology Students	DLH 9,PDPU
10.00 am- 11.30am	Distinguished Guest lecture: Stress Management by Prof. D.M. Pestonjee, Chair Professor, School of Petroleum Management, Pandit Deendayal Petroleum University.	Insights on Stress in Indian Context	DLH 9,PDPU
11.30am – 1.00pm	Distinguished Guest lecture: Clinical Psychology in Indian Context by Dr. Ajay Chauhan, Medical Superintendent, Government Mental Hospital.	Insights on Clinical Psychology in Indian Context	
1.00pm-2.00pm	<i>Lunch Break</i>		Cafeteria, PDPU
2.00pm- 3.00pm	Distinguished Guest lecture: Learning Disabilities: Issues in Indian Context by Ms. Sangeeta, Principal, PRERNA, Delhi Public School	Expert Talk on Educational Psychology	DLH 9,PDPU
3.00pm – 5.00pm	Academic Visit to Kanoria Hospital and Research Centre (De-addiction Centre), Gandhinagar	Academic Visit	Kanoria Hospital and Research Centre
5.30pm	Departure of delegation to hotel		Ahmedabad

Distinguished Guest lecture:

Stress Management by Prof. D.M. Pestonjee, Chair Professor, School of Petroleum Management, Pandit Deendayal Petroleum University.

The lecture gave brief information about what is stress, stress causing factors, stress classification, etc. He talked about different kinds of stressors and divided it into three main category : Job & Organization, Social, Intrapsychic. Then he talked on STL, which is Stress Tolerance Limit. He mentioned four major components of STL, which are Depression, Anxiety, Anger(state/trait) and Type-A. He also mentioned the difference between psychosomatic and somatopsychic. Psychosomatic is basically effects of mind on body and somatopsychic is the effects of body on mind. He said that clinical psychology is the field which deals with the problems of life. Society considers such problems as abnormal. But, It is not abnormal to have a problem from his point-of-view. In dealing with such problems and especially such stressors, he mentioned two kind of way to heal it. One is Meditational way and second is Medicational way. At the last he talked about stress classification. In which he discussed on four kinds of stress, which are Eustress (good stress),Distress(bad stress), Hyper stress(over stress), Hypostress(under stress).

Clinical Psychology in Indian Context by Dr. Ajay Chauhan, Medical Superintendent, Government Mental Hospital.

Issues in Indian Context by Ms. Sangeeta, Principal, PRERNA, Delhi Public School

Learning Disabilities are neurologically based processing disorders which can interfere with the learning of basic skills such as reading writing or doing simple math.

Ms. Sangeeta Hinduja is the Head of Kalorex Prerna, an inclusive institute for students with specific learning disabilities. She began the session by discussing the various types of learning disabilities such as dyslexia, dysgraphia, dyscalculia, etc. Dyslexia is a reading disorder, Dysgraphia is a deficiency in the ability to write, Dyscalculia is a disability in comprehending arithmetic calculations. Students with specific learning disabilities need special educators and infrastructure in the school in order to nurture the weak components in them that is why special schools are coming up for them. The main issues in the Indian context are lack of acceptance by parents, lack of knowledge about the disability, identification and assessment problems in school, lack of choice of subjects in school, diverse languages and cultural background, alternative education systems and most importantly lack of teacher competency and research. Another challenge is the wide disparity between the urban and rural setting in the matter of

availability of resources as well economic factors. Ms. Hinduja discussed these issues with students in an interactive session where she showed some movie clippings of Taare Zameen Par in order to provide a better understanding of the issues.

The Government of India's Right to Education Act, involvement of NGO's and rising acceptance levels in the society are the positive facets which gives a ray of hope that a better future is prevalent for these children. Also special schools have started in various parts of India where special educators and counsellors are appointed specially for these children. Provisions are made in the Education system such as extra time in writing the exam paper, providing a writer, freedom to choose subjects of their choice to name a few. Lastly, Ms. Hinduja showed few of their students' achievements who are now not only successful but well adjusted in their life and are making everybody proud. "We are not different, we just learn differently."

DAY 7- FEBRUARY 8, 2016 (MONDAY)

TIME	NAME OF THE MODULE	DESCRIPTION	VENUE
9.15 am	Departure from the hotel to Hospital of Mental Health		Ahmedabad
10.00 am- 12.00pm	Academic Visit to the Hospital of Mental Health, Ahmedabad	Academic Visit	Ahmedabad
12.30-2.30pm	Academic Visit to Raksha Shakti University, Ahmedabad	Academic Visit	Ahmedabad
3.00pm-5.00pm	Indian Art and Craft Session : by Ms. Asha Mandappa, Founder, Institute of Design Expression Art and Learning	Workshop on Indian Art and Craft.	BLT 1, PDP
5.00pm-6.00pm	Painting and Audit Exhibition on Indian Art and Craft	Exhibition on Indian Art and Craft	
6.00pm	Departure of delegation to hotel		Ahmedabad

DAY 8- FEBRUARY 9, 2016 (TUESDAY)

TIME	NAME OF THE MODULE	DESCRIPTION	VENUE
9.00am	Departure from Hotel to DPS		Ahmedabad
10.00 am- 1.00pm	Glimpse of Indian Mainstream and Special Education School: Visit to DPS (Prerna and Mainstream), Ahmedabad.	Academic Visit at a special education and Mainstream Schooling system in India	Bopal, Ahmedabad
1.30pm-2.30pm	<i>Lunch Break</i>		PDPU Cafeteria
2.30pm-4.15pm	Law and Society an Outlook from Indian Legal Lenses- Visit to Indian Law school and Interaction with Law students	Academic Visit at the Law School	Gandhinagar
5.00 pm-6.30 pm	Buddy Activity : Cricket Match (India Vs. Australia)	Cricket match with the Indian Buddies	PDPU Cricket Ground
6.30pm	Departure of delegation to hotel		Ahmedabad

DAY 9- FEBRUARY 10, 2016 (WEDNESDAY)

TIME	NAME OF THE MODULE	DESCRIPTION	VENUE
8.30am	Arrival at the PDPU Campus and Breakfast		Cafeteria, PDPU
9.00 am- 11.00am	Expert Session: An Approach to Holistic Health : Yoga	Expert Session on Yoga	DLH 9,PDPU
11.00am – 1.00pm	Ecological Visit Serenity Library Visit and Guest Talk by Mr. Haseeb Sheikh, Naturalist on <i>Indian Wild Life and Ways to Living in Harmony with Nature</i>	Academic Visit	Gandhinagar
1.00pm-2.00pm	<i>Lunch Break</i>		PDPU Cafeteria
2.00pm- 3.00pm	Library Hour		Library
3.00pm – 5.00pm	Free Time (Time to get ready for the Formal Valedictory Ceremony)		PDPU Hostel
9.30pm	Departure of delegation to hotel		Ahmedabad

Students from Edith Cowan University, Australia

The Study in India Exposure Program has been an amazing experience that has exceeded all of my expectations regarding student interaction and immersion into the Indian culture and way of life. The academic aspects of the study exposure tour were very diverse as a lot of topics were covered, some of which were outside of the realm of psychology. The Indian people's belief and trust in their own psyche is so deep and beyond anything I have witnessed in the Australian population. My overall experience of the study exposure tour in India has been diverse and was a great facilitation in witnessing the cultural and academic aspects of psychology within Indian society.



- Alise Bender

Leading my trip to India I was not sure what to expect it was my first time travelling outside Australia and evidently there was a mixed emotion of fear and excitement. The PDPU students made me feel welcome with my conversations. My journey has been incredible.



- Nathan Shave

My time in India has been one of new sights, new experiences and new found friends. The lectures provided by PDPU gave invaluable insights into the history of this beautiful culture, rich as well as an understanding of Hindi writings, rituals and customs shape the study of psychology in India. India and its people have woven a complex tapestry of beliefs traditions, science, contradictions, global understandings and history .I enjoyed the marvels of the artful country and will return home with a new found appreciation for a culture much older and in many ways wiser than mine.



- Kelly Jackson

The SIP has been a brilliant opportunity for me and all the students of ECU. I have been blessed to have experienced difference between our cultures, the people and the hidden beauties of india. The willingness of the PDPU students to engage and share new experience with us had a massive impact on the overall success of the tour. I am thankful to all PDPU staff and students who have been involved in creating and shaping this tour



- Ayesha Butera

Studying at PDPU has been an amazing experience , we have been given the opportunity to visit heritage sites , culturally important monuments, health infrastructure, research institutes and participate in the lectures pertaining to psychology in the Indian perspective. The heritage walk and visit to Rani- ka – Vav were the most fascinating. I have learnt so much and the collectivist atmosphere along with welcoming people is something I will never forget.



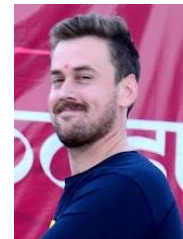
- Shane Conradie

As for the experience, I wish I could express an eloquent and all encompassing piece of text expressing my gratitude to the PDPU students and staff for being such wonderful hosts and demonstrating the tenants of Indian hospitality that we have been taught and through them experienced. The visit to Gandhi Ashram will forever be cherished as it will be chalked off my “bucket list”.



- Zack Farell

My overall experience has been 10/10! Both the faculty and the students have been great. The lectures were very interesting and both challenging at the same time they made me think about all the knowledge that I have gained in psychology. The lectures also brought my attention to concepts that I was unfamiliar with. The buddy system was a great way to help the student mingle and socialize. All the students were helpful and friendly.



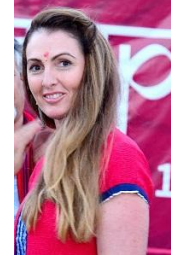
- Peter Spittle

India and the things that encompass it have been a unique experience which is etched forever in my soul. During the cultural visits I felt immersed in the Indian culture. The lectures have been very interesting. I have never had experienced such diversity in learning psychology before this program. I would like to thank all the students and faculty members as well as the staff of PDPU for allowing me the pleasure of being a part of this journey.



- Oliver Aguilar

Walking into the formal welcoming ceremony on our first day was a special moment. The beautiful decorations and colours, elegant outfits, provoking excitement in the air was infectious. It was also very clear that we were going to have wonderful hosts for the next 10 days. The lectures were both insightful and confronting. The lectures made me understand and make sense of some of my assumptions and stereotypes about India. It will be interesting for me to observe how the Indian tradition adapts to the globalization over the years. I have fallen in love with the Indian masala chai and I do not know how will I get through my days without one! I am truly grateful for this enriching experience as it has left an indelegable print on my heart forever.



- Sherry Murphy

The guest speakers who took our lectures were unbelievably qualified and it was a real honor to share their vast knowledge with us. The lectures provided us with the real insight into the Indian culture and psychology in the Indian context. Every tour was extremely well thought and well planned. The students of PDPU were simply incredible! They went above and beyond to make sure we were comfortable and had everything we needed They sacrificed their own free time to ensure us that we get the most out of this trip. The overall experience was way above what I had expected from the moment we arrived to the moment we leave. I love India, the people, food and will return back soon.



- Kelly Count

Coming to Ahmedabad has taught me so much about culture. As a psychology student in Australia, we often learn about the concept of culture and the importance it has on shaping who we are as human beings. But that's all to us ; a concept. Culture is just a world with no relatable meaning . When we visited Gandhi Ashram , I read a quote that was by Gandhiji – “ A nations culture resides in the hearts and soul of its people. However after spending almost 2 weeks in this city , I realize what Gandhiji meant. The lecture , cultural trips , activities have given us snippets of the Indian culture and tradition. The passion, enthusiasm and love that you all have for what is to be Indian is inspiring!



- Mykala Harrison

The academic sessions has provided many insights into the way each area of expertise has operated within the context of modern India. My limited understanding of the Indian context has been developed with each and every academic trip. I have been moved by the deep history of life, religion and philosophy that has shaped India.



- Tracey Warwick

Students from SLS, Pandit Deendayal Petroleum University

Despite all the cultural differences we hold, despite the language barriers, we bonded very well with the Australian students. And it's not just students, their professors as well. We exchanged stories, beliefs, ideas and words and we all wish to keep them sealed in our minds forever. This program has given us a lot of memories and we wish to bottle them up all. As it is said "All good things come to an end", so has the very first study in India exposure program. As a student of the graduating batch I strongly wish and hope that the constant efforts of both ECU and PDPU shall continue and many more programs, research initiatives and semester exchanges shall be carried out for the years to come.



Sanaya M. Patel
BA(Hons) Psychology , SLS- PDPU
Student Program Coordinator, ECU-SIP

Being a part of the first ever Study in India (Exposure) Program was a great experience! As a member of the core team I got to learn a lot about planning and organizing such a program and also putting the plans into action. The program helped me develop strong relationships with my colleagues and my faculties. Besides that I got to know 14 wonderful people and memories that I will cherish throughout my life.



Arjun Hurra
BA(Hons)Psychology , SLS- PDPU
Student Program Co-coordinator, ECU-SIP

My experience with the students and the program has been a delightful one. Sharing bonds with such kind and wonderful people has made me a more warm person than I was before and also being with them and teaching them about our culture has also made me realize how much I myself know about India. These 10 days were an amalgamation of learning, fun and exchanging thoughts and views about each others' cultures and I really look forward to staying in touch with each one of them and build stronger bonds.



*Revati Bhagchandani
BA(Hons)Psychology , SLS- PDPU
Academic Sessions Co-coordinator, ECU-SIP*

It was a wonderful experience for me in terms of managing all things and to know & understand the process of hosting such program. As, a magazine coordinator I was one of the in charge of designing the magazine as well as creating banners, certificates etc. This program gave us the opportunity to explore your own abilities and other skills. Through this program we had a chance to interact with Australian students and to understand their culture & psyche. This program helped me to enhance the leadership qualities and communication skills. It was a great experience.



*Prachi Chavda
BA(Hons)Psychology , SLS- PDPU
Magazine Coordinator ,ECU-SIP*

The students of ECU were able to study the contrast between the various aspects of psychology as practiced in India and Australia. While talking to them, there were times when we experienced a huge cultural difference. But there were even times when we were able to change their misleading perspectives about India and the people. Food being one of our greatest cultural heritages of India, we really enjoyed cooking and savouring different authentic Indian delicacies. They enthusiastically tried all the dishes and liked most of them. It was indeed our pleasure hosting the students of ECU! We are hoping to have more such experiences in the future.



*Aayeshah Jariwala
SLS- PDPU
Volunteer, ECU-SIP*

Under the Study in India exposure programme, we had students from Edith Cowan University, Australia and staying with us for 10 days. On the first day, when mutual introduction happened during the introductory session, everyone mingled very well after initial hesitations. It was a very enriching and worthwhile experience, where we got to know about psychology in Indian Context, as well as make some new friends from Australia.



Mansi Thakkar
BA (Hons)Psychology , SLS- PDPU
Volunteer, ECU-SIP

It is said that India is a melting pot of a variety of cultures. The Indian-ness that was a part of this program-one of the motives, a success because they seemed to enjoy the way things and procedures went about at PDPU. Fun aside they also seemed to find the academic sessions interactive too.



Alauki Parikh
SLS- PDPU
Volunteer, ECU-SIP

They say travelling furnishes the mind; I did not travel and yet I received the same benefits as that. Working with people from Australia had been like a travelling experience because I got to discover so much about their country, without actually visiting it. I will admit that my experience working in this project has been intriguing. I say intriguing because I have had the most intellectual conversations with some of these students and I will admit I have the deepest affection for conversations that leave me thinking even after hours of their completion



Gurmehar Juneja
BA(Hons)Psychology , SLS- PDPU
Buddy activities Coordinator, ECU-SIP

MEDIA COVERAGE

Media houses which covered the news are following:

- * Times of India-February 5,2016
- * DNA ,February 3 and 11,2016
- * Divya Bhaskar, February 11 ,2016
- * Gujarat Samachar, February 3 and 11,2016



Nigam Dave speaking at the event

Australian team in state to study Indian culture

They are on a two-week tour as part of PDPU's Study in India Exposure Programme

dna correspondent @dnaahmedabad

With an aim to understand the culture of India, its people and their psychology, 12 students studying Psychology Major and two faculty members from Edith Cowan University (ECU), Australia, are in the state for two weeks as part of School of Liberal Studies (SLS), PDPU's Study in India Exposure Programme (SIP). This is the first study tour of the ECU Psychology delegation to India. The students will participate in a structured academic programme and relevant cultural activities at PDPU from February 2-11.

Eval Gringart, coordinator of International Psychology Programmes and programme chair of SIP, said, "The purpose of the visit is to meet and promote cultural exchange for Australian students so that they appreciate India and its culture."

"Australian students need to understand the psychology of India, and for that they have to understand the country's diverse culture and how it influences the nation's psychology. This will also help enhance the relationship between the two institutes and the two countries as well," added Gringart. He feels that psychology is an interesting field in India as it is influenced by the nation's culture.

Ritu Sharma, HOD, Psychology, School of Liberal Studies said, "This programme is designed for sharing cross-cultural stories interwoven in the different facets of psychology. We feel understanding the culture of India, its people and psychology will be invaluable knowledge for the ECU students who are studying Psychology Major." "A lot of Indian students go abroad for higher studies. However, we are doing nothing to ensure that foreign students come to India for studies," added Sharma.

PROVIDING EXPOSURE

The Study in India Exposure Programme (SIP) aims to provide students with study opportunities that they otherwise won't get during the normal course of their education. A total of 15 sessions of lectures on topics like clinical psychology, social psychology, law and forensic science are conducted by academic experts.





ઈન્ડિયા એક્સપોઝર પ્રોગ્રામ હેઠળ ભારતીય સંસ્કૃતિની સમજ મેળવી ઓસ્ટ્રેલિયાના વિદ્યાર્થીઓ સાથેની મેચમાં 9 વિકેટે પીડીપીયુનો વિજય

ઓસ્ટ્રેલિયાના 20
વિદ્યાર્થીઓ, 2 પ્રોફેસરોએ
ગુજરાતના સાંસ્કૃતિક
સ્થાપતી મુલાકાત લીધી

ભારતના પીડીપીયુના પુનિવર્તિનીયા અને ઓસ્ટ્રેલિયાના 20 વિદ્યાર્થીઓ અને 2 પ્રોફેસરો એકમ સાથેના આ પ્રોગ્રામના અંતિમ દિવસે ગુજરાતના સાંસ્કૃતિક સ્થાપતી મુલાકાત કરી હતી. ભારતીય સાંસ્કૃતિક વિદ્યાર્થીઓ અને ઓસ્ટ્રેલિયાના વિદ્યાર્થીઓ પીડીપીયુના



9 વિકેટે વિજય થયો હતો. ઓસ્ટ્રેલિયાની ઓડીપ પુનિવર્તિનીયા અને પીડીપીયુના પુનિવર્તિનીયા વિદ્યાર્થીઓ વચ્ચે છેલ્લા દિવસે 7 એવરની ક્રિકેટ મેચ યોજાઈ હતી. જેમાં ઓડીપ ક્રીકેટ પુનિવર્તિનીયાએ પ્રથમ ઈલ જાલ્યા બાદ એડીપ કલ્ચરનું પસંદ કર્યું હતું. જેમાં ઓડીપના મેસ્ટરને સાથે વધારે 19 રન કર્યા હતાં. તેમાં ઓસ્ટ્રેલિયાના વિદ્યાર્થી કુલ 7 એવરમાં 50 રન કર્યા હતાં. ભારતના પીડીપીયુ પુનિવર્તિનીયા વિદ્યાર્થીઓ બેટિંગ કરી હતી, જેમાં આરે રહ્યાં હતાં વચ્ચે એકના અંતે વિદ્યાર્થીઓએ 7 એવરમાં 55 રન કરીને 9 વિકેટથી મેચ જાની થી જીતી હતી.

Oz students get a peek into India's cultural heritage

TIMES NEWS NETWORK

Ahmedabad: A group of students from Australia-based Edith Cowan University (ECU) have come to Pandit Deendayal Petroleum University (PDPU) for two weeks as part of Study in India Exposure Program (SIP). The students are undergraduates in psychology course, said organizers.

"We had developed a structured academic programme giving them an insight into Indian perspective of psychological studies so that they could compare the delivery of psychological services in Australia and India. The programme is a window to India's culture and heritage," said a PDPU official. Officials added that the PDPU students would also gain through experiences of their counterparts.

Ritu Sharma, programme chair of SIP for PDPU, said that so far they have arranged a number of expert lectures from diverse fields and have organized field trips covering aspects such as clinical psychology, social psychology, law, forensic sciences and education.

