

3rd
Study in India
Exposure Program
in Indian Psychology



School of Liberal Studies, Pandit Deendayal Petroleum University organized its 3rd Study in India Exposure Program for a delegation of 19 students majoring in Psychology and 2 faculty members from Edith Cowan University (ECU), Australia. ECU delegation had spent two weeks (January 23rd to 5th February 2018) participating in a structured academic program and relevant cultural activities at PDPU, Gujarat, India. This exposure Program was designed by Dr. Ritu Sharma, Associate Professor, Chairperson Psychology, SLS, PDPU, India and Dr. Eyal Gringart, Coordinator, International Psychology Programs, Edith Cowan University (ECU), Australia of 104 hours including Academic Lectures, Industrial Visits, learning through Cultural Exposure and Class discussions; offered ECU Psychology students the opportunity to be immersed in Indian culture and to see the way the culture has influenced the discipline of psychology in India. After a very successful Study in India Exposure Program organized in February 2016, this was the second tour for ECU delegation to experience an exposure to the Indian Psychology Program.

The program focused on understanding the Indian culture, Indian people, Indian Psychology and how psychology is applied in the Indian context, which is backed by providing them various programs of cultural exchange and study opportunities that is unattainable and invaluable for the ECU students during their normal course of their undergraduate study in psychology in Perth. Students also had the opportunity of interacting with PDPU students and in particular the student buddies from 3rd and 4th year B.A. (Hons.) in Psychology which was provided to them for their comfort, for

clarification of their queries and for peer learning. Rich and Diverse Indian Culture was woven throughout their exposure of approximately 94 hours (travel time excluded) comprising of 16 Academic Expert Lectures, 11 Academic Field Visits, 5 Peer Buddy Learning, Sports, Social and Cultural Exchange interactions, 8 Cultural Trips and 3 Formal Welcome and Graduation Ceremonies. A cultural exposure weekend was planned with an aim to cover a few world heritage sites. A “Cooking Session” was included to help them experience Indian food and spices. Insights about Psychology and its relevant Indian Perspective in the areas of Psychology like Clinical Psychology, Industrial Psychology, Child Psychology, Forensic Psychology and Criminology as components of Academic deliverables was covered through distinguish Expert lectures and Academic field trips. Games, sports and various social and cultural exchange interactions were facilitated for enhancing understanding of the Indian System and interpersonal dynamics.

DISTINGUISHED GUEST LECTURES



Dr. Gringart(left) and **Dr. Sharma**(right)presenting a memento to **Dr. Vaya** (centre, Vice President at Research & Development at Brainwave Science)
Topic: Psychology in Indian scenario



Mr. Subhanish Malhotra (HR Head, Arvind Mills) giving a brief about Arvind Mills

Topic: Challenges and Emerging trends of Indian Manufacturing Sector



Dr. Sharma presenting a memento to **Mr. Surender P. Sachdeva**(Secretary & Principal, DPS Bopal, Ahmedabad). Topic: Glimpses of Indian Mainstream and special Education School: Visit to Delhi Public School (Mainstream and Prerna), Ahmedabad

Forensic Psychology - An Overview in Indian Scenario



(left picture) **Dr. Gringart** and **Dr. Sharma** presenting a memento to **Professor K.V. Ravi Kumar**, Raksha Shakti University, Ahmedabad. (right picture) **Dr. Sharma** presenting a memento to **Mr. Bibin**

Forensic Psychology - Current Practices in Indian scenario



Dr. Gringart(right) presenting a memento to **Dr. J. M. Vyas**(centre; Director General, Gujarat Forensic Sciences University & Director, DFS, Gandhinagar

Dr. Priyanka Kacker (Assistant Professor, GFSU) giving a brief introduction on GFSU and its various educational domains

Panel Discussion: *Mental Health Scenario in Indian Context*



Dr. Gringart presenting a memento to **Dr. Rajendra Anand** (right; CEO & Medical Superintendent, Kanoria Hospital and Research Centre)



Dr. Gringart presenting a memento to **Dr. Ajay Chauhan** (right; Medical Superintendent, Government Mental Hospital)



Dr. Gringart presenting a memento to **Ms. Sangeeta** (Principal, PRERNA, Delhi Public School, Ahmedabad)



Ms. Sangeeta (left) presenting a memento to **Dr. Sharma** (right; Associate Professor, Chairperson, Psychology SLS, PDPU)



Prabhu (centre; Hare Krishna Movement) and **Dr.Gringart, Dr.UrmiSatyan** (Asst. Prof., **Mr. Sandeep Pathak** (Librarian, SLS) with ECU & PDPU students. Topic: Positive Organizational Behavior Perspectives from Bhagwad Gita



Ms. Neeta Khuranna (right; Associate Professor, Literature) & **Dr.Bron Harman** (centre) presenting a memento to **Prof.Ruchi Tewari** (left; Faculty, Communication, Mudra Institute of Communications, Ahmedabad) Topic: Understanding Behavior towards Time in India



Dr. Gringart presenting a memento to **Prof. D.M. Pestonjee** (Chair Professor School of Petroleum Management, Pandit Deendayal Petroleum University
Topic: Stress Management



Ms. Nicole Velkoski (Undergraduate student, Psychology, ECU)
Topic: A brief introduction to the history, culture and current status of indigenous people in Australian Society



Dr. Gringart (left) presenting a memento to **Prof. Tadisina Kishen Kumar Reddy** (right; Director General, Pandit Deendayal Petroleum University) Topic: Bhagwad Gita (Indian Epic) and its Significance in Science and Religion



Dr. Ritu Sharma, Associate Professor
Topic: Dynamics of Human Connections- An Indian Perspective



Visit to Sabarmati Ashram: (left picture) Dr. Sharma & Dr. Gringart with ECU & PDPU students; (right picture) Punil Rajsinh Solanki briefing the students about Mahatma Gandhi & his life's journey

ACADEMIC FIELD TRIPS



Gujarat Forensic Science University (GFSU) - Insight on Forensic Psychology from Indian Perspective: (left to right) **Dr. Gringart, Dr. Vyas, Dr. Sharma, Dr. Kacker,** & ECU students



Gujarat Forensic Science University (GFSU) Laboratory: Ph.D scholar(left) briefing the ECU & PDPU students on Brain finger printing

Glimpse of Mainstream and Special Education School



(from left to right)**Dr. Harman, Dr. Sharma, Dr. Gringart**with ECU, PDPU & DPS students. Visit to Delhi Public School (DPS) & Perna, Ahmedabad



(from left to right) **Ms. Sunita Mahina** (Occupational Therapist, HMH), **Ms. Dipti Bhatt** (Psychologist, HMH), **Dr. Bron Harman**, with ECU & PDPU students. Visit to Hospital of Mental Health (HMH), Ahmedabad



Visit to Kanoria Hospital & Research Centre (De-addiction Centre), Ahmedabad
 (from left to right) Representatives of Kanoria Hospital & **Dr. Bron Harman** with PDPU & ECU students



Visit to Akshaya Patra Foundation: (posterior) **Mr. Sandeep Pathak**, Librarian, SLS & **Dr. Urmi Satyan**, Faculty, Literature, SLS; (anterior) **Dr. Bron Harman** & **Dr. Gringart** with ECU & PDU students



Dr. Gringart & **Dr. Sahoo** (in the right picture; Asst. Professor, Economics) explaining the history of Rani ki Vav to PDU & ECU students. Visit to the Heritage Sites: Modhera Sun Temple, Rani ki Vav



Dr. Gringart presenting a memento to representative from Indian Space Research organization (ISRO) after exposure to Collective Thought Process and Visionary Leadership

CULTURAL TRIPS



Mr. Rohit Mishra (first row, extreme left; Sr. Executive, International Relations, PDPU) with ECU students. Visit to Akshardham, Gujarat (from left to right) **Dr. Sharma, Dr. Gringart, Mr. Sayed** (guide) with ECU & PDPU students in Jama Masjid. Sight-seeing: Ahmedabad Heritage Walk





(from left to right) **Prof. Khurana** (Asst. Prof., Languages, Literature and Aesthetics, SLS), **Dr. Bron Harman**, **Dr. Gringart** with ECU students, Academic Tour of Rural India at Lokniketan Trust, Ratanpur, Banaskantha: Perspectives and Understanding of Developmental Psychological framework from Rural India

ACTIVITIES



Buddy Pairing & Student Activity (Campus Tour)



left picture (from left to right): **Dr. Sharma**, Sanaya Patel (SLS alumni, Batch 2012), Punilrajsinh Solanki, **Dr. Gringart**, Arjun Hurra (SLS alumni, Batch 2013) & **Dr. Harman**. Indian Food Festival by PDPU Students - Exposure to Indian Cuisine Cooking



(from left to right) **Mr. Rohit Mishra**, **Dr. Sitakanta Mishra**, **Prof. Pradeep Malik**, **Dr. Sharma**, **Dr. Gringart** with ECU & PDPU students. Buddy Activity: India vs. Australia Cricket Match



Dr. Urmi Satyan, Dr. Ritu Sharma, Dr. Eyal Gringart, Mr. Pradeep Malik, Dr. Nigam Dave & Dr. Harmik Vaishnav with ECU & PDPU students. Republic Day Celebration



Lunch at Barbeque Nation, Ahmedabad



Dinner at Mirch masala, Ahmedabad



Expert Session: Yoga – An approach to holistic health

MEDIA HOUSES



Nav Gujarat Samay

આ ઓષધ વસુદેવ
સ્થા વિના મૂલ્યે 'ડો.
મૃત સીરપ' નામથી
છે. જિલ્લાના
ઓમાં જાન્યુઆરી
યાન સુવર્ણપ્રાશનનું
રવામાં આવે છે. જે
૧મી જાન્યુઆરીને
સવારે ૮.૩૦ થી
૧૫ થી સાંજે ૪ થી ૫
સુધી બાળકોને
પાનના ટીપા
માં આવશે.

તરફથી ઉદબોધન કરવામાં
આવશે.

પીડીપીયુ ખાતે સ્ટડી ઈન ઈન્ડિયા એક્સ્પોઝર પ્રોગ્રામનો સમાપન સમારોહ યોજાશે

ગાંધીનગર, તા.૮
ગાંધીનગરની પંડિત
દિનદયાળ ઉપાધ્યાય પેટ્રોલિયમ
યુનિવર્સિટી ખાતે આગામી તા.
૨૭ ફેબ્રુઆરીના રોજ તૃતીય
સ્ટડી ઈન ઈન્ડિયા એક્સ્પોઝર
પ્રોગ્રામનો સમાપન સમારોહ
યોજાશે. આ સમારોહ સાંજે ૫ થી
૬ કલાક દરમિયાન પીડીપીયુના
સીએલટી-૧ હોલ ખાતે યોજાશે.
અત્રે ઉલ્લેખનીય છે કે 'ઈન્ડિયન
સાયકોલોજી' વિષય આધારિત
સ્ટડી ઈન ઈન્ડિયા એક્સ્પોઝર
પ્રોગ્રામનો તા. ૨૩મી
જાન્યુઆરીથી પ્રારંભ થયો હતો.
આ પ્રોગ્રામ અંતર્ગત વિદેશના
વિદ્યાર્થીઓ ભારતીય
માનસશાસ્ત્રનો અભ્યાસ કરવા
ગાંધીનગરના આંગણે પીડીપીયુમાં
પધાર્યા હતા.

યોજાઈ



ન રાત્રે સ્વનિરીક્ષણ
મજાવી હતી.
ના વાર્ષિકોત્સવની
આવ્યો હતો. આ
શ્રી શંભુજી ઠાકોર

શહેરમાં સંત



Rajasthan Patrika

3rd February, 2018

Gandhinagar Samachar

Divya Bhaskar (City Bhaskar)

30th January, 2018

માગદશન આપી રહ્યાં છે.

કેન્ડબની આ વિશે સમજાવવું જોઈએ.

PDPUમાં ઓસ્ટ્રેલિયાના વિદ્યાર્થીઓ ભણશે ભારતીય મનોવિજ્ઞાનના પાઠ



સિદ્ધી શિર્કોટ્ટર | અમદાવાદ

ઓસ્ટ્રેલિયાની એડીથ કોવાન યુનિવર્સિટીના 19 વિદ્યાર્થીઓ અને બે પ્રધ્યાપકો ગાંધીનગર સ્થિત પંડિત દીનદયાળ પ્રેટ્રોલિયમ યુનિવર્સિટીમાં ભારતીય

મનોવિજ્ઞાનનો 'સ્ટડી ઈન ઈન્ડિયા એક્સપોઝર પ્રોગ્રામ' અંતર્ગત અભ્યાસ કરશે. બે અઠવાડિયું ચાલનારા આ પ્રોગ્રામમાં ઓસ્ટ્રેલિયાના વિદ્યાર્થીઓ અલગ-અલગ તજજ્ઞો પાસેથી મનોવિજ્ઞાનના વિવિધ પાસાઓ

ભારતીય દ્રષ્ટિથી સમજશે. આ સાથે આ વિદ્યાર્થીઓને અમદાવાદ શહેરની હેરિટેજ માહિતી તથા અન્ય સાંસ્કૃતિક-ઐતિહાસિક સમજણ પણ અપાશે. આ વિદ્યાર્થીઓ 5 જાન્યુઆરી સુધી પીડીપીયુ ખાતે રહેશે.

Times of India

5th February 2018

Oz psychologist decodes Indian mind

TIMES NEWS NETWORK

Ahmedabad: A group of students from Perth-based Edith Cowan University (ECU) participated in the two-week '3rd Study in India Exposure Programme' at Pandit Deendayal Petroleum University (PDPU). The programme which focussed on Indian studies in psychology, concluded on February 3. Dr Ritu Sharma and Dr Eyal Gringart we-

ces in psychology."

Dr Gringart further explained that the concept of the discipline is different in the two countries as in India the stress is also on spirituality.

"We could see its practical application in the Dava-Dua project that combines conventional methods with psychology," said Dr Gringart.

Nicole Vekoski-Niradju, an aboriginal Australian,



A group of students from Perth-based Edith Cowan University (ECU) participated in the two-week '3rd Study in India Exposure Programme' at Pandit Deendayal Petroleum University (PDPU)

re the chairpersons of the programme from the two sides.

"India attracts a lot of political and cultural interest among Australians," said Dr Gringart. "Hence, we decided to visit the country and understand its underlying concepts of history and its practi-

said that she can relate to a number of concepts related to Indian practices and wishes to emulate the amalgamation of age-old beliefs and newer practices of psychology for betterment of her community. "For this reason, the visit to India was very special," she said.

ભારતના વારસાને મનોવિજ્ઞાનની દ્રષ્ટિએ જોવાનો મોકો મળ્યું

પર્ય ઓસ્ટ્રેલિયાની એડીથ કોવાન યુનિવર્સિટીના 19 વિદ્યાર્થીઓ અને બે પ્રોફેસર 23 જાન્યુઆરીથી 5 ફેબ્રુઆરી દરમિયાન પીડીપીયુના સ્ટડી ઈન ઈન્ડિયા એક્સપોઝર પ્રોગ્રામ હેઠળ ભારતીય મનોવિજ્ઞાનનો અભ્યાસ કરવા માટે આવ્યા છે. પીડીપીયુનો આ ત્રીજો સ્ટડી ઈન ઈન્ડિયા પ્રોગ્રામ છે અને 2017 જાન્યુઆરીમાં પણ આ યુનિવર્સિટીના વિદ્યાર્થીઓ અમદાવાદ આવ્યા હતા. બે અઠવાડિયાના આ પ્રોગ્રામમાં ઓસ્ટ્રેલિયન વિદ્યાર્થીઓ વિવિધ વિષયના એક્સપર્ટ પાસેથી મનોવિજ્ઞાનના વિવિધ પાસાઓનો ભારતીય દ્રષ્ટિથી અભ્યાસ કરશે. આ ઉપરાંત તેઓ અમદાવાદ શહેરના હેરિટેજ સ્થળોની મુલાકાત લઈ શહેરના ઐતિહાસિક-સાંસ્કૃતિક પાસાઓ અંગે સમજણ મેળવશે. આ પ્રોગ્રામ અંતર્ગત 24 જાન્યુઆરીએ પીડીપીયુમાં ઈન્ડિયા-ઓસ્ટ્રેલિયાની ક્રિકેટ મેચનું આયોજન પણ કરવામાં આવ્યું હતું.



નવા અનુભવ માટે આ પ્રોગ્રામ જોઈન કર્યો છે

મારે ભારતમાં આવીને નવો અનુભવ કરવો હતો માટે આ પ્રોગ્રામ જોઈન કર્યો છે. મારો આ અનુભવ એકદમ યાદગાર રહ્યો હતો. ભારત પાસે કલ્ચરલ વેવિથતા છે જેથી અનેક ડાયવર્સિટી અહીં જોવા મળે છે.

- ચેલ્સા ડા કો-સેક્રા

City Sports

LEARNING OVERSEAS

Delhi Public School-Bopal hosted an interactive session and a campus tour for delegation of 24 members from Psychology Department, Edith Cowan University (ECU), Australia recently. The delegation was headed by Dr. Ritu Shama, Associate Professor & Chairperson, Board of Studies, Psychology, PDPU and two senior faculties from ECU.

The delegation is visiting the city as a part of 'Third Study in India Exposure Program'. The Exposure Program will provide insights about Psychology and its relevant Indian perspective in the areas of Clinical Psychology, Industrial Psychology, Child Psychology, Forensic Psychology and Criminology. Delegation first had a short campus tour followed by an interaction with class 11 Humanities



students. Dr. Eyal Gringart from ECU shared interesting facts about study of dreams with the senior students. Dr. Browyn Harman briefed the students about Forensic Psychology and its research area. Various students from the Australian University shared their experiences as students of Psychology and also provided information on various majors offered in Psychology.

Dr. Ritu provided an insight in

the upcoming fields of Psychology and its relevance in today's scenario. Later the guests visited Prerna - a centre for Special Learning Needs to understand special education system. The delegation had a hand on experience as to how Prerna provides an integrated learning experience and helps each and every child to grow holistically through indigenously developed methodology.

Shambhavi Johri, photographer of the day took some candid shots of the guests while interacting with the students. Principal, Surender. P. Sachdeva warmly greeted the delegation and gave an overview of the school programmes and activities. The visit proved to be an opportunity and an exposure on mainstream schooling system and special education system for the delegation.



Times of India (NIE, Student Edition)

